

CEU for The Spirit of Adventure Explorations in the Craft and Ethics of Narrative

Date Friday & Saturday, Dec 2 -3 2016

Time 6:30 AM to 04:30 PM

Location Northbrae Community Church
941 The Alameda, Berkeley, CA 94707

Continuing Education 12 CEUs

Cost \$60 (CEU only, event cost \$225)

Register Online:

<https://www.123signup.com/calendar?Org=cocopsych>

Description: This is to register only for CEU for psychologists; ***event registration is separate*** and can be made by sending a check for \$225 to:

Narrative Approaches
Suzanne Pregerson, LMFT
925 The Alameda (#23)
Berkeley, CA 94707

About this Workshop

This workshop will consider the history of adventure that has been present from the beginning as Epston and White created what was to become Narrative Therapy. Epston and White's sense is that most of the discoveries that have played a significant part in the development of

our practices have been made after the fact, with theoretical considerations assisting us to explore and to extent he limits of these practices (Experience, Contradictions, Narrative and Imagination, p. 9).

Thus this workshop will be a look to the past so that we can look to the future with a sense of adventure. David Epston will demonstrate these events by way of interviews, live and previously recorded.

Learning Objectives

- List at least three past adventures taken by Narrative Therapy that have become part of its regular practice.
- Learn how to connect the spirit of adventure in ethical ways to the work you do now.
- Write down ways you might extent the current limits of your practice and the practice of Narrative Therapy in general.
- Utilize such practices as insider witnessing or narratively-informed pedagogical practices.

Audience

This presentation is intended for psychologists, other licensed mental health providers and graduate students in psychology and social work. This workshop is taught at an advanced level, thus previous exposure to narrative therapy will help you gain the most from this training.

About the David Epston

David Epston is a New Zealand therapist, co-

director of the Family Therapy Centre in Auckland, New Zealand, and Visiting Professor at the John F. Kennedy University. Epston and his late friend and colleague Michael White are the co-founders of narrative therapy.

In New Zealand Epston started working as a senior social worker in an Auckland hospital. From 1981 to 1987 he worked as consultant family therapist at the Leslie Centre, run by Presbyterian Support Services in Auckland. From 1987 to the present he has been co-director of The Family Therapy Centre in Auckland.

In the late 1970s Epston and Michael White led the flowering of family therapy within Australia and New Zealand. Together they started developing their ideas, continuing during the 1980s, and in 1990 published *Narrative Means to Therapeutic Ends*, the first major text in what came to be known as narrative therapy. Since then David has continued to publish and teach narrative therapy.

Epston was awarded an honorary Doctor of Humane Letters (D.Litt.) in 1996 by the Graduate School of Professional Psychology, John F. Kennedy University, in Orinda, California, and the Special Award for Distinguished Contributions to Family Therapy from the Australian and New Zealand Journal of Family Therapy.